

INTERNATIONAL PARALYMPIC COMMITTEE

ATHLETICS SECTION

COMBINED RULES 2002

PREAMBLE

For competition at Paralympics and I.P.C. World Championships, this book shall be used, along with the current I.A.A.F. Handbook.

It contains all the rules which govern an I.P.C. Athletics competition, written in a way which is compatible with the rules of the governing body for athletics, the International Association of Athletics Federations (I.A.A.F.). In this way, officials, coaches and athletes may find rules to cover any event in a single document, rather than having to refer to separate books for each group.

The rules must be read in conjunction with the I.A.A.F. rules, contained in the Handbook of that Association. For the period including the I.P.C. World Championships, Lille, 2002, the version of the I.A.A.F. Handbook to which this book refers is the 2002-2003 edition. The rules concerned are the Technical Rules of Competition as described herein, and additional rules as shown. The reference to the I.A.A.F. Handbook does not confer any responsibility onto the I.A.A.F. for the I.P.C. Rules.

Each of the I.O.S.D.'s has its own cycle of rule changes, and this volume does not intend to change any rules so decided. It is quite simply a means of simplifying the task of reading the rules for those concerned.

NOTES

This Rule Book will remain in force until the publication of the next I.A.A.F. Handbook, at which time a new edition will be published to take account of any new I.A.A.F. rules coming into force at that time, and which will affect the 2004 Paralympic Games.

Where a rule is mentioned which is different from the I.A.A.F. rule, the amended rule is the one to be followed. Where a rule is stated which does not exist in the I.A.A.F. Handbook, it must be added to those rules. Where the rules in the I.A.A.F. Handbook are referred to, this shall always be deemed to include I.P.C. rules (e.g. in Rules 145, 149 etc.).

The I.A.A.F. has no responsibility for any rules used by the I.P.C. Athletics Section. In all rules referring to the "General Secretary of the I.A.A.F." this should be amended to read "Chairman of the Athletics S.A.E.C.". Where the rule refers to the "I.A.A.F." and to the "Council of the I.A.A.F." this should be amended to read "I.P.C. Athletics" or "I.P.C. Athletics S.A.E.C.".

Specific rules regarding classification may be found in the Appendix, as will Classification Protest Rules for use at I.P.C. events.

A new revised edition of this Rule Book will be published in early 2004, after publication of the I.A.A.F. Handbook, and will contain additional information.

Chris Cohen (Chairman)

February, 2002

NON-TECHNICAL RULES OF I.P.C. ATHLETICS

RULE 1 World, Area and Group Championships: Meetings requiring an I.P.C. Permit

Rule 1 Para 1

The I.P.C. Athletics Section shall have the right to organise or sanction Paralympic, World, Area or Group Championships for Athletics and international events where athletes from more than one I.O.S.D. are to compete.

Rule 1 Para 2

Details of sanctioned events may be obtained from I.P.C. Headquarters. Details of how to apply for “approved status” for an event can be obtained from the Athletics Section.

Rule 1 Para 3

Classification at competitions covered by this rule will be the responsibility of the I.P.C. Athletics Section.

RULE 2 Disputes

Rule 2 Para 1

The I.P.C. Athletics Section agrees with, and aspires to follow the contents of Rule 21 in the I.A.A.F. Handbook relating to disputes between athletes and others, both in doping and in non-doping cases. Where these rules can be followed, members should do so, and the Athletics Section will cooperate with the International Paralympic Committee in ensuring fairness for any athlete in dispute.

NON-TECHNICAL RULES OF I.A.A.F. & THEIR RELATIONSHIP TO I.P.C. EVENTS

RULE 18 Advertising and Displays during Competition

Rule 18 Para 12 (Classes 32 - 34, 51 - 58)

Add: “The wheelchair shall be regarded, for the purposes of advertising, as three pieces of equipment; i.e. Two large wheels and a frame.”

RULE 55 Control of Drug Abuse

Rule 55 Doping (All Classes)

All competitors shall abide by the rules relating to doping as set by regulations of the I.P.C. and I.P.C. Athletics Section.

NOTE: The I.P.C. Athletics Section supports and intends to adhere to the policies and procedures contained in Rules 55 – 61. All references to I.A.A.F. shall be changed to refer to I.P.C. and reference shall be made to the I.P.C. Medical Committee documentation on Drug Abuse.

TECHNICAL RULES FOR INTERNATIONAL COMPETITION

RULE 130 Lap Scorers

Rule 130 Para 3 (Classes T32 - 34, T51 - 54)

The lap score board shall be at a height of 80 - 100 cm. above the ground.

SECTION II - GENERAL COMPETITION RULES

RULE 143 Clothing, Shoes and Numbers.

Rule 143 Para 7 (Classes 32 - 34, 51 - 58)

Every competitor must be provided with two numbers to be worn visibly, one on the back of the chair, the other to be worn as directed by the Referee.

Rule 143 Para 9 (Classes T32 - 34, T51 - 54)

Where photo-finish equipment is in operation, the meeting organisers may require competitors to wear additional numbers of an adhesive type.

Rule 143 Para 10 (Class 11)

Competitors in Class 11 must wear approved opaque glasses or an appropriate substitute in all field events, and in all track events up to, and including 1500m. The opaque glasses or their substitute must be approved by the responsible technical official. When the athlete is not competing, the opaque glasses or their substitute may be removed.

Rule 143 Para 11 (Classes T32 - 34, T51 - 54)

The wearing of helmets is compulsory in all individual and team track races of 800 metres and over, including the 4 x 400 metres relay and in all road races.

RULE 144 Assistance to Athletes.

Rule 144 Para 1 (Classes 11 – 12)

NOTE: In events of 800m. and above, intermediate times may be called by people other than officials, but this must be done from outside the track, in an area designated for that purpose.

Rule 144 Para 2a (Classes 11 – 12)

Only escorts or guide runners for Classes 11 and 12 athletes will be permitted to accompany competitors onto the competition area. Persons acting as guides or escorts must be clearly identified by wearing a distinctively coloured vest provided by the Organising Committee.

Rule 144 Para 2b (Classes 11 – 12)

The method of guidance is the choice of the athlete. He/she may choose to use an elbow lead, or a tether, or to run free. In addition, the runner may receive verbal instruction from the guide. Bicycles or other mechanical means of transport must not be used by the guide.

Rule 144 Para 2c (Classes 11 – 12)

Methods of guidance: Athletes are encouraged to provide their own guides. However the organisers will provide an appropriate guide if the need has been indicated on the entry form in advance (together with specific details of the standard of guidance required).

Rule 144 Para 2d (Classes 11 – 12)

At no time may the guide pull the athlete, or propel the athlete forward by pushing.

Rule 144 Para 2e (Classes 11 – 12)

Whether or not a tether is being used, the athlete and guide shall not be more than 0.50m apart at all times.

NOTE: Where extraordinary or accidental circumstances lead to a breach of this rule it shall be the sole responsibility of the IPC Technical Official to decide the question of disqualification. The principles that will govern such a decision shall include consideration of any danger to or disadvantage suffered by another competitor in the same race.

Rule 144 Para 2f (Classes 11 – 12)

For races further than 400m, two guides are allowed. Only one exchange of guides is permitted for each athlete. The exchange must take place without any hindrance to other athletes, and must take place only on the straight. The intention to change guides must be notified in advance to the Referee and Technical Delegate. The technical officials will determine the conditions of the exchange and will communicate these in advance to the competitors.

Rule 144 Para 2g (Classes 32 - 34, 51 - 58)

Strapping: If used must be only to the chair and of non-elastic material.

Rule 144 Para 5 Prosthesis (Classes 42 - 46)

Athletes in classes T42, T43 & T44 shall use leg prosthesis in running events. Hopping is not allowed. In all competitions except running for classes T42, T43 and T44, the wearing of prosthesis is optional.

NOTE: Competition prostheses are not considered as appliances which can give the wearer an advantage.

Rule 144 Para 6 (Classes 11 - 12)

For Class 11, acoustic signals are permitted. However, no visual modification to the existing facility is permitted. In events where acoustic assistance is being used (e.g. Long Jump; Triple Jump and High Jump) complete silence shall be requested from spectators.

NOTE: Whenever possible, to ensure silence, events in which acoustic assistance is being used should not be timetabled together with other running events.

For class 12, visual modification of the existing facility is permitted (i.e. Paint, chalk, powder, cones, flags, etc.). Acoustic signals may also be used.

For Class 13, I.A.A.F. Rules will be followed in their entirety, except as noted below.

IPC recognises the special needs of deaf-blind athletes, and is keen to encourage and facilitate their participation in competition. In cases where deaf - blind athletes are competing in a competition, some modification to current rules may be necessary. Such modification should only be permitted with the prior approval of the Technical Delegate. In principle, no rule modification that disadvantages any other competitor will be allowed.

RULE 145 Disqualification

Add, after "...to the IAAF rule...." "and / or IPC amendment..."

Rule 145 Para 2 (Classes 51 - 58)

Competitors must ensure that no urine is allowed to drain onto the competition or warm-up areas. Failure to do so will result in disqualification.

RULE 146 Protests**Rule 146 Para 5**

Delete "of US \$100, or its equivalent". Insert "at a fee set by the I.P.C. Athletics Section".

RULE 149 Validity of Performances

Add after "...with IAAF Rules." " and / or IPC amendments".

SECTION III - TRACK EVENTS

Rule 159 Wheelchair Track (Classes T32 - 34, T 51 - 54)

Rule 159 Para 1

The wheelchair shall have at least two large wheels and one small wheel.

Rule 159 Para 2

No part of the body of the chair may extend forwards beyond the hub of the front wheel and be wider than the inside of the hubs of the two rear wheels. The maximum height from the ground of the main body of the chair shall be 50 cm.

Rule 159 Para 3

The maximum diameter of the large wheel including the inflated tyre shall not exceed 70 cm.
The maximum diameter of the small wheel including the inflated tyre shall not exceed 50 cm.

Rule 159 Para 4

Only one plain, round, hand rim is allowed for each large wheel. This rule may be waived for persons requiring a single arm drive chair, if so stated on their medical and Games identity cards.

Rule 159 Para 5

No mechanical gears or levers shall be allowed, that may be used to propel the chair.

Rule 159 Para 6

Only hand-operated, mechanical steering devices will be allowed.

Rule 159 Para 7

In all races of 800 metres or over, the athlete should be able to turn the front wheel(s) manually both to the left and the right.

Rule 159 Para 8

The use of mirrors is not permitted in track or road races.

Rule 159 Para 9

No part of the chair may protrude behind the vertical plane of the back edge of the rear tyres.

Rule 159 Para 10

It will be the responsibility of the competitor to ensure the wheelchair conforms to all the above rules, and no event shall be delayed whilst a competitor makes adjustments to his chair.

Rule 159 Para 11

Chairs will be measured in the Marshalling Area, and may not leave that area before the start of the event. Chairs which have been examined may be liable to re-examination before or after the event by the official in charge of the event.

Rule 159 Para 12

It shall be the responsibility, in the first instance, of the official conducting the event, to rule on the safety of the chair.

Rule 159 Para 13

Athletes must ensure that no part of their lower limbs can fall to the ground or track during the event.

Rule 161 Starting Blocks**Rule 161 Para 1 (Classes T35 - 38, T42 - 46)**

In the first line delete “shall” and insert “may”.

Add **NOTE**: A four point stance is not required by athletes in any class. It is acceptable for arm amputee athletes to use pads on which to rest stumps at the start. Pads must be completely behind the start line and not interfere with any other athlete. The pads should be a similar colour to the track or of a neutral colour.

Rule 161 Para 1 (Class T 20)

Some athletes will require their blocks to be pre-set, prior to the race. The Technical Delegate will provide the appropriate official with a list of competitors and a diagram of the required positions, measured in centimetres.

RULE 162 The Start**Rule 162 Para 2 (Classes T32 - 38)**

Add - Where a competitor has a hearing impairment, a flag or any other visual device may be used as well as a pistol.

Rule 162 Para 4 (Classes T32 - 34, T51 - 54)

Delete from “ in all races..” to “.. of the blocks.”

Replace “hands or his feet” with “front wheels”.

Rule 162 Para 4 (Classes T32 - 34, T51 - 54)

Delete from “ Both hands....starting blocks.”

Delete from “ retaining the contact....of the blocks”

Replace “A competitor” with “ A competitor’s front wheel...”

Delete after “of it” to “ his marks.”

Rule 162 Para 12 (Classes T32 - 34, T51 - 54)

NOTE: The starter has the power to stop the race within the first 200 metres, in races of 800 metres or longer if a collision takes place. The race is then restarted.

Rule 163 The Race**Rule 163 Para 2 (Classes T32 - 34, T51 - 54)**

Add **NOTE**: An athlete coming from behind in an attempt to overtake carries the responsibility of ensuring full clearance of the chair being overtaken before cutting across. The athlete being overtaken has the responsibility not to obstruct or impede the incoming athlete once the front wheel(s) of the athlete are in sight.

Rule 163 Para 4 iii (Classes T32 – 34; T51 - 54)

Progression by any other method except the competitor pushing on the wheels or hand rims will result in disqualification.

Rule 163 Para 8 (Classes T32 - 34, T51 - 54, T42 - 46)

100m. - 13 seconds

200m. - 13 seconds

Rule 163 Para 9 (Classes T32 - 34, T51 - 54)

Delete 1.22 metres.

Insert 0.95 metres

Rule 163 Para 13 (Classes T11 - 12)

100m to 800m for Class 11 - athletes will compete accompanied by a guide. Each athlete shall be allocated two lanes for himself and the guide. The start lines in a staggered start will be those for lanes 1, 3, 5, 7 etc.

Class 12 athletes shall have the right to be allocated two lanes (for themselves and a guide) in all races run in lanes, and in 800m. races started in lanes. In such cases the start lines in a staggered start will be those for lanes 1, 3, 5, 7 etc. An athlete in Class 12 may opt to use a guide in any running event. If this option is exercised, the rules for Class 11 guiding will apply.

RULE 164 The Finish**Rule 164 Para 5 (Classes T32 - 34, T51 - 54)**

Event time limits: In events of 1500 metres and longer, officials may conclude the event and clear the track after the agreed time limit has expired. Any competitor who has not completed the set distance when an event is concluded shall be shown in the official results as “DNF” - “did not finish”.

Rule 164 Para 5 (Classes T32 - 34, T51 - 54)

The competitors shall be placed in the order in which the hub of the leading wheel reaches the vertical plane of the nearer edge of the finish line as defined above.

Rule 164 Para 6 (Classes T11 - 12)

Competitor and guide in a competition are to be regarded as a team. As the athlete crosses the finish line, the guide must be behind him/her.

RULE 165 Timing and Photo Finish**Rule 165 Para 5 (Classes T32 - 34, T51 - 54)**

The time shall be taken from the flash of the pistol or approved starting apparatus to the moment at which the hub of the leading wheel of the competitor's chair reaches the nearest edge of the finish line.

RULE 166 Seedings, Draws and Qualifications in Track Events**Para 2 (Classes 11 - 13)**

Track events should have the following maximum numbers (exclusive of guides) assuming an eight lane track:

	CLASS11	12	13	
100m	4	4	8	
200m	4	4	8	
400m	4	4	8	
800m	4/5 *	5 *	8	* = depending on starting arrangements
1500m	6	8	10	
5000m	10	10	20	
10000m	10	10	20	

The following qualifying conditions will apply for preliminary rounds and Finals, except with the agreement of the Technical Delegate:

100m. - 400m. (11 & 12)

5 - 8 entries 2 Heats 1st in each Heat + 2 fastest losers to Final; Remaining four to "B" Final.
9 - 12 3 Heats 1st & 2nd in each Heat + 2 fastest losers to 2 semi-finals. (then as above)
13 - 16 4 Heats 1st in each Heat + 4 fastest losers to 2 semi-finals. (then as above)

100m. - 1500m. (13)

1 - 8 entries Final
9 - 16 2 Heats First 3 + 2 fastest losers to Final.
17 - 24 3 Heats First 4 + 4 fastest losers to semi-finals. (then as above)
25 - 32 4 Heats First 3 + 4 fastest losers to semi-finals (then as above)

800m. (11 & 12) - assuming 5 in each race.

1 - 5 entries Final
6 - 10 2 Heats 1st & 2nd + 1 fastest loser to Final.
11 - 15 3 Heats 1st & 2nd + 4 fastest losers to semi-finals. (then as above)
16 - 20 4 Heats 1st & 2nd + 2 fastest losers to semi-finals. (then as above)

1500m (11 & 12)

1 - 6 entries Final
7 - 12 2 Heats 1st & 2nd + 2 fastest losers to Final.
13 - 18 3 Heats First 3 + 3 fastest losers to semi-finals. (then as above)

5000m & 10000m (11 & 12)

1 - 10 entries Final
11 - 20 2 Heats First 3 + 4 fastest losers to Final.
21 - 30 3 Heats 1st & 2nd + 4 fastest losers to Final.

5000m & 10000m (13)

1 - 20 entries Final
21 - 40 2 Heats First 8 + 4 fastest losers to Final.

Para 2 (T32-34; 51-54)

Variations:

1500m. - Maximum 10 per event

11 - 20 2 Heats First 3 + 4 fastest losers to Final. In Final, seeding is from inside lane by time.
21 - 30 3 Heats First 5 + 5 fastest losers to Semi-finals. (Then as above)
31 - 40 4 Heats First 4 + 4 fastest losers to semi-finals. (Then as above)

5000m. - Maximum 12 per event

13 - 24 2 Heats First 4 + 4 fastest losers to Final.
25 - 36 3 Heats First 6 + 6 fastest losers to Semi-finals. (Then as above)

10000m - Maximum 12 per event

13 - 24 2 Heats First 4 + 4 fastest losers to Final.
25 - 36 3 Heats First 3 + 3 fastest losers to Final.

Relays

5 - 8 2 Heats Fastest 4 times proceed to the Final.
9 - 12 3 Heats Fastest 4 times proceed to the Final.
13 - 16 4 Heats Fastest 8 times proceed to two Semi-finals. (Then as above)

15/05/02

RULE 170 Relay Races

Rule 170 Para 1 (Classes T 11 - 13, T32 - 34, T51 - 54)

Add "Each team shall be allocated two adjacent lanes. Where it is required for the relay to be run in lanes, the competitors may use either of their two allocated lanes. The lines on the inner of the two allocated lanes shall be extended across the outer of the two allocated lanes to mark the distances of the stages and to denote the scratch lines. Changes will take place as for lanes 1, 3, 5 and 7." The extension of start and exchange box lanes shall be done with tape of the same colour as the existing lane markings.

Rule 170 Para 7 (Classes T32 - 34, T51 - 54)

Delete "10 metres" and insert "20 metres"

Rule 170 Para 14 (Classes T32 - 34, T51 - 54)

Delete Para 13 & 14. Insert "The take-over shall be by a touch on any part of the body of the outgoing competitor within the take-over zone."

Rule 170 Para 19 (Classes T11 - 13)

A fair exchange is established when the incoming runner passes the baton to the outgoing runner within the take-over zone. The baton exchange may take place either between guides or athletes without restriction, except that the conditions of the method of guidance must be met and the guide be behind the athlete at the moment of entering the exchange zone. The outgoing athlete and guide must both be inside the exchange zone at the moment when the baton is exchanged. Once the waiting runner leaves the take-over zone, he / she shall not re-enter the take-over zone.

Rule 170 Para 20 (Class T12)

One guide per exchange zone will be allowed on the track to help with the positioning of any Class 12 athlete who intends to run without a guide runner. The guide must remain in a position which does not interfere with the conduct of the race.

Rule 170 Para 21 (Class 11 – 13)

The relay team must have a minimum of one Class 11 and one Class 12 runner. The relay team shall have not more than one Class 13 runner.

Rule 170 Para 21 (T32-34; 51-54)

In the relay races, teams must include at least one athlete from the more/most disabled class.

Rule 170 Para 21 (T35-38)

In 4x100m. and 4x400m. relays for ambulant athletes, the composition of the team is open. (Take-over by baton)

Rule 170 Para 21 (Classes 42 - 46)

In 4x100m. relays for classes 42, 43, 45, the composition of the team shall be: maximum 2 per team from class 45. (Change by touch in the take-over zone).

In 4x100m. and 4x400m. relays for classes 44, 46, the composition of the team shall be: maximum 2 per team from class 46. (Use baton).

In the medley relay (800m.; 400m.; 200m.; 200m.) at least one runner shall be from class 44, or 43 or 42.

An Open Relay may be offered where there are insufficient athletes of appropriate classes. The change would be by touch or baton as determined in the appropriate rules.

SECTION IV - FIELD EVENTS

RULE 179 Specific Field Rules

Rule 179 Para 1 Orientation (Classes F11 - 12)

For Class 11 & 12, athletes may be brought to the throwing circle or runway by an escort. It is the task of the escort to help the athlete orientate him/herself in the throwing circle or on the runway before the attempt. The escort must leave the circle or runway before the attempt begins. Acoustic orientation is permitted before, during and after the attempt. Athletes may only be escorted from the circle or runway after the officials have determined whether or not the attempt was a valid one.

If the official in charge of the event decides that an escort who is providing acoustic orientation is in an unsafe location, the judge has the right to require the escort to move.

Rule 179 Para 2 (F32 - 34, F51 - 58)

The maximum height of the throwing frame, including the cushion(s), used as a seat, shall not exceed 75 cm. The frame may have a holding bar made of metal or glass-fibre.

Rule 179 Para 2 (F31 - 32)

Add after above - Class 31 & 32 may use corrective inserts if this is recorded on the Medical or Games cards.

Rule 179 Para 3 (F32 - 34, F51 - 58)

If footrest(s) protrude outside the circle, they may not be rotated in or out to permit abnormal placing of one or both feet, unless otherwise stated on the Medical or Games card.

NOTE - this does not prevent uneven placement of the footrests in the vertical (Sagittal) plane.

Rule 179 Para 4 (F32 - 34, F51 - 58)

It will be the responsibility of the competitor to ensure that the frame conforms to all the above rules, and no event shall be delayed whilst a competitor makes adjustments to his frame.

Rule 179 Para 5 (F32 - 34, F51 - 58)

Frames will be measured before the competitor enters the throwing circle. Frames which have been examined may be liable to re-examination before or after the event by the official in charge of the event.

Rule 179 Para 6 (F32 - 34, F51 - 58)

It shall be the responsibility, in the first instance, of the official conducting the event, to rule on the safety of the frame.

Rule 179 Para 7 (F32 - 34, F51 - 58)

All throwing events will be conducted from a circle, diameter 2.135m to 2.50m., into a sector as described in Rule 187.

Rule 179 Para 8 (F32 - 34, F51 - 58)

An authorised holding device must be used. If a holding device should break during the execution of a throw, it shall not count as a trial, providing it was made in accordance with the rules. If the competitor thereby loses his balance and commits a foul, it shall not count against him.

Rule 179 Para 9 (Classes F32 - 34, F51 - 56)

In Classes F32 - 34, F51 - 56 during the action of a throw or put, at least one part of the upper leg or buttock shall remain in contact with the cushion or seat until the implement is released.

Rule 179 Para 10 (Classes F57 - 58)

In Classes F57 -58 a competitor shall commence a throw or put from a sitting position, and, if lifting take place, must keep one foot in contact with the ground inside the circle until the implement is released. Any part of the frame used for leverage must remain inside the vertical plane of the rim of the circle. The commencement is regarded as the first forward movement of the throw.

Rule 179 Para 11 (Classes F42 - 44)

Add: "Lower limb disability classes may use a running, hopping or standing start in jumping events."

RULE 180 General Conditions**Rule 180 Para 3 (Classes F11 - 12)**

Add - Competitors in Classes 11 & 12 are permitted to use a caller for acoustic orientation. In providing this, the caller must stand in a position which does not hinder the event officials.

Add - Competitors in Class 11 may use a caller to provide acoustic orientation during the approach run in High, Long and Triple Jump, and a guide to assist in positioning the athlete on the runway. Competitors in Class 12 may be accompanied by only one person who shall be permitted in the competition area who may serve as caller and/or guide. No additional persons will be permitted in the competition area.

Rule 180 Para 3 (Class 20)

NOTE: Some athletes will require their markers to be at a pre-set distance from the take-off board, prior to the competition. The Technical Delegate will provide the appropriate official with a list of competitors and a diagram of the required positions.

Rule 180 Para 5 (Classes F32 - 34, F51 - 58)

Replace with "...Athletes take three throws consecutively. In addition to the time allowed under this rule, a reasonable time will be permitted for an athlete to place the frame in the circle before the commencement of their first trial. This time shall not normally exceed 2 minutes.

NOTE: No reversal of throwing order will take place for the final three trials.

Rule 180 Para 17 (Classes F11 - 12)

Add - In field events where competitors receive assistance from callers or guides, the time allowed shall begin from the moment when the official responsible is satisfied that the athlete has completed the process of orientation. Should any competitor request verbal confirmation of the starting of the timing clock, an official shall give such confirmation.

NOTE: If the athlete loses orientation so that he / she requires to be re-oriented, the clock shall be stopped and only restarted (to include any elapsed time already recorded) once orientation has again been completed.

Rule 180 Para 18 (Classes F32 - 34, F51 - 58)

Once called, athletes are allowed to move to a designated area away from the throwing area in order to continue to warm up. Should an athlete not answer a call to the throwing area, they shall be debarred from the subsequent trials.

Rule 180 Para 19 (Classes F32 - 34, F51 - 58)

Delete second sentence.

(A) - VERTICAL JUMPS

RULE 182 High Jump

Rule 182 Para 2 (Class F11)

NOTE after rule: Class 11 competitors may touch the bar as an aid to orientation before commencing the run up. If, on so doing, the athlete dislodges the bar this will not count as an attempt.

Rule 182 Para 11 (Class 12)

Athletes in Class 12 may place a visual aid on the bar. This must be approved by the responsible IPC technical official.

(B) - HORIZONTAL JUMPS

Rule 184 General Conditions

Rule 184 Para 7 (Classes F42 – 44)

- a) If, in the process of jumping, an athlete loses a prosthesis, the mark where the prosthesis lands, if it is the closest mark to the take-off board, shall be measured.
- b) If the prosthesis is lost during the run-up, the athlete can adjust it and continue within the allowed time, with or without the prosthesis.
- c) If the prosthesis lands outside the landing area it shall be counted as a foul and recorded as such.

Rule 185 Long Jump

Rule 185 Para 3 (Classes F11 - 12)

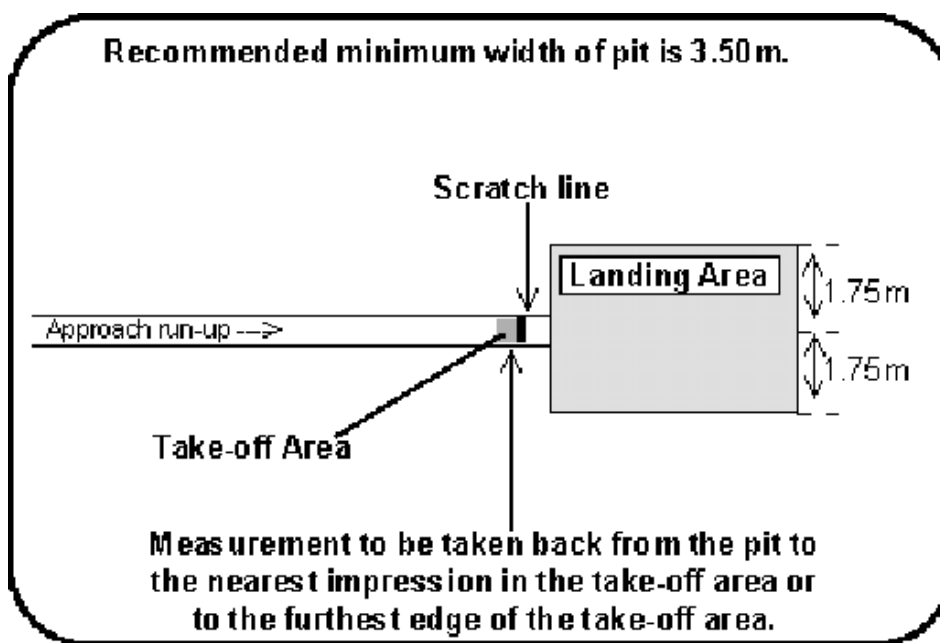
For Class 11 & 12 athletes delete from “..to the take -off.” to “ ...extended.” Insert “...to the nearest impression left by the takeoff foot. Where an athlete does not take off from the take -off area, but before it, measurement will be made to the edge of the takeoff area furthest from the pit.”

Rule 185 Para 7 (Classes F11 - 12)

Add after rule: For Class 11 & 12 athletes, the takeoff area shall consist of a rectangle 1.00m x 1.22m, which must be prepared in such a way (by use of chalk, talcum powder, light sand etc.) that the athlete leaves an impression on the area with his/her takeoff foot.

Rule 185 Para 9 (Classes F11 - 12)

NOTE: For purposes of safety, it is strongly recommended that the minimum distance between the axis of the runway and the sides of the landing area be 1.75m. If this recommendation cannot be met, additional safety measures may be required by the Technical Delegate.



Rule 186 Triple Jump

Rule 186 Para 4 (Classes F46)

Delete from "...it is recommended.." to "...for women.." And insert "...the take off board would normally be set at 9 metres or 11 metres.."

Rule 186 Para 4 (Classes F11 - 12)

Delete from "...it is recommended.." to "...for women..." And insert "the take-off board shall be the following distances...." Then add - Class 11 - minimum 9m. Classes 12 & 13 - minimum 11m.

NOTE: the exact distance from the board to pit shall be determined for each competition in consultation with the Technical Delegate.

(C) - THROWING EVENTS

RULE 187 General Conditions

Rule 187 Para 1

Implements must comply with the specifications of the relevant Federation.

Rule 187 Para 2

All such implements shall be provided by the Organising Committee at the Paralympic Games. In these competitions, competitors are not allowed to use any other implements.

Rules 187 Para 4a (Classes F32 - 34, F51 - 53)

For "hand" read "hands", except that athletes in Class 51, 52 & 53 may use strapping or a glove on their non - throwing hand, and anchor that hand to the frame.

NOTE: Classes F32 -34 must **not** use gloves.

Rule 187 Para 14 (Classes F32 - 34, F51 - 58)

14b Delete "...stepped into...". Insert "...entered...".

14c Add after " ..stop board.." Insert "..or any holding device outside the vertical plane of the edge of the Circle".

14d Add after " ..iron band". "Only the footrest(s) or any part of the wheel or push rim not touching the circle may be outside the circumference of the circle."

Rule 187 Para 14c (Classes F32 - 34, F51 - 58)

NOTE: A stop board is unnecessary for all athletes competing from frames.

Rule 187 Para 17 (Classes F32 - 34, F51 - 58)

NOTE: This rule shall be waived for competitors using the approved holding device.

Rule 187 (Classes F32 - 34, F51 - 58)

NOTE: At end of Rule 187. The rules for the club competition for all athletes in frames will be those of Rule 187. (as amended, but with "Club" substituted for "Discus" whenever necessary).

Rule 188 Putting the Shot

Rule 188 Para 1 (F51 - 58)

NOTE: From start to finish, the movement shall be a straight, continuous putting action.

SECTION V -COMBINED EVENTS COMPETITIONS

Rule 200 Combined Events Competition

Rule 200 NOTE: Read only those Rules and sections of rules which are relevant to the competition. All events take place over one day.

Rule 200 Para 1 (Class F51 - F58)

Delete after "...following order." and replace with:

Class F51:	100m.; Club; 400m.; Discus; 800m.
Classes F52 & 53:	Shotput; Javelin; 100m.; Discus; 800m.
Classes F54 - 58:	Shotput; Javelin; 200m.; Discus; 1500m.

Rule 200 Para 1 (Class 42 –46)

Delete after "...following order." and replace with:

42	Men & Women	Long Jump; Shot; 100m; Discus; High Jump.
44	Men & Women	Long Jump; Shot; 100m.; Discus; 400m.
45	Men	High Jump; 200m.; Triple Jump; 1500m; Long Jump.
45	Women	100m.; Long Jump; 200m.; High Jump; 800m.
46	Men	High Jump; Javelin; 200m.; Discus; 1500m.
46	Women	High Jump; Javelin; 200m.; Discus; 800m.

Rule 200 Para 1 (Class 11 – 13)

Delete after "...following order." and replace with:

Men (in each class):	Long Jump; Javelin; 100m; Discus; 1500m.
Women (in each class):	Long Jump; Shot; 100m; Discus; 800m.

Rule 200 Para 1 (Class 33 – 38)

Delete after "...following order." and replace with:

33 & 34	Men & Women	Shot; Javelin; 100m.; Discus; 800m.
35 & 36	Men:	Shot; Javelin; 200m; Discus; 1500m.
35 & 36	Women:	Shot; Javelin; 200m; Discus; 800m
37 & 38	Men:	Long Jump; Javelin; 200m; Discus; 1500m.
37 & 38	Women:	Long Jump; Javelin; 200m; Discus; 800m.

Rule 200 Para 5 (All Classes)

Delete after "...individual athlete".

Rule 200 Para 7 (All Classes)

Add after "...IAAF Rules.." and their variations contained herein."

Rule 200 Para 10 (All Classes)

Replace "...IAAF.." with "...relevant Federation."

Rule 200 Para 12 (Classes 32 – 38 & 51 - 58)

Split classification: The athlete shall be entered in the less disabled class as if there were no split classification.

SECTION VIII - ROAD RACES

Rule 240 Road Races

Rule 240 Para 7 (Classes T32 - 34, T51 - 54)

NOTE: Competitors may carry their own refreshments.

Rule 240 Para 9 (Class 11 – 13, 35 – 38, 42 - 46)

In Road races, all athletes will start together, but the finishing order will be determined for each class.

Rule 240 Para 9 (Classes T32 - 34, T51 - 54)

In all Road races where more than one group of athletes compete (i.e. Male tetras, male paras, female tetras, female paras), a wave start shall be used. The recommended order shall be (1) Open Men (paras); Open Women (paras); Tetra men and women. The recommended minimum time between race starts for the Marathon shall be one minute.

Rule 240 Para 11 (Class 11 – 13)

The Organising Committee shall provide numbers which distinguish between athletes of each class.

Rule 240 Para 12 (Classes 11 - 13)

Competitors and their guides shall receive assistance at the refreshment stations.

NOTE: Organisers must ensure that officials are aware of the specific problems of safety presented in providing drinks to blind and partially sighted athletes, and that adequate training is given to all assistants involved.

Rule 240 Para 13 (Classes 11 - 13)

A relay of up to four guides may be used for Class 11 and 12 athletes, but exchanges may only take place at 10 km; 20 km; & 30 km.

NOTE: It is strongly recommended that organisers ensure that the race takes place in its entirety in good daylight conditions.

SECTION X WORLD RECORDS

Rule 260 World Records

Rule 260

The rules contained in the sanction application shall be followed in regard to World Record applications.

APPENDIX I

CLASSIFICATION IDENTIFICATION SYSTEM (Simplified) (Including weights of throwing implements)

TRACK EVENTS (Men and Women)

Events for the visually handicapped.

- T11 - Class B1
- T12 - Class B2
- T13 - Class B3

Events for athletes with learning difficulties.

- T20 - Only Class.

Events for athletes with cerebral palsy.

- T31 - Class C2l- Wheelchair.
- T32 - Class C2u " "
- T33 - Class C3 " "
- T34 - Class C4 " "
- T35 - Class C5 - Ambulatory
- T36 - Class C6 " "
- T37 - Class C7 " "
- T38 - Class C8 " "

Events for ambulatory athletes.

- T40 - Not used.
- T41 - Not used.
- T42 - Class A2 (A9)
- T43 - Class A3 (A9)
- T44 - Class A4 (A9), LAT3.
- T45 - Class A5/A7
- T46 - Class A6, A8, LAT4.

Events for athletes in wheelchairs.

- T51 - Class T1
- T52 - Class T2
- T53 - Class T3
- T54 - Class T4

FIELD EVENTS**(MEN)****Events for the visually handicapped.**

		IMPLEMENT WEIGHTS		
		SHOT	DISCUS	JAVELIN
F11	- Class B1	7.26kg	2.00kg	800gm
F12	- Class B2	7.26kg	2.00kg	800gm
F13	- Class B3	7.26kg	2.00kg	800gm

Events for athletes with learning difficulties.

		SHOT	DISCUS	JAVELIN
F20	- Only Class.	7.26kg	2.00kg	800gm

Events for athletes with cerebral palsy.

		SHOT	DISCUS	JAVELIN	CLUB
F31	- Not used.				
F32	- Class C2u- Wheelchair.	2.00kg	1.00kg		397gm
F33	- Class C3 " "	3.00kg	1.00kg	600gm	
F34	- Class C4 " "	4.00kg	1.00kg	600gm	
F35	- Class C5 - Ambulatory	4.00kg	1.00kg	600gm	
F36	- Class C6 " "	4.00kg	1.00kg	600gm	
F37	- Class C7 " "	5.00kg	1.00kg	600gm	
F38	- Class C8 " "	5.00kg	1.50kg	800gm	

Events for ambulatory athletes.

		SHOT	DISCUS	JAVELIN
F40	- Dwarf athletes.	4.00kg	1.00kg	600gm
F41	- Not used.			
F42	- Class A2 (A9), LAF5, F8	6.25kg	1.50kg	800gm
F43	- Class A3 (A9), LAF5, F8	6.25kg	1.50kg	800gm
F44	- Class A4 (A9), LAF5, F8	6.25kg	1.50kg	800gm
F45	- Class A5/A7.			
F46	- Class A6, A8, LAF6.	6.25kg	1.50kg	800gm

Events for athletes in wheelchairs.

		SHOT	DISCUS	JAVELIN	CLUB
F51	- Class F1, LAF1, CP2		1.00kg		397gm
F52	- Class F2, LAF1, CP2, CP3	2.00kg	1.00kg	600gm	
F53	- Class F3, LAF2, CP3	3.00kg	1.00kg	600gm	
F54	- Class F4, LAF3, CP3, CP4	4.00kg	1.00kg	600gm	
F55	- Class F5, LAF3, CP4.	4.00kg	1.00kg	600gm	
F56	- Class F6, (A1)(A9), LAF3, CP4, CP5.	4.00kg	1.00kg	600gm	
F57	- Class F7, (A1), (A9), LAF3.	4.00kg	1.00kg	600gm	
F58	- Class A2, A3, (A9), LAF3, F8, (LAF4).	5.00kg	1.00kg	600gm	

FIELD EVENTS**(WOMEN)****Events for the visually handicapped.**

		IMPLEMENT WEIGHTS		
		SHOT	DISCUS	JAVELIN
F10	- Class B1	4.00kg	1.00kg	600gm
F11	- Class B2	4.00kg	1.00kg	600gm
F12	- Class B3	4.00kg	1.00kg	600gm

Events for athletes with learning difficulties.

		SHOT	DISCUS	JAVELIN
F20	- Only Class.	4.00kg	1.00kg	600gm

Events for athletes with cerebral palsy.

		SHOT	DISCUS	JAVELIN	CLUB
F31	- Not used.				
F32	- Class C2u- Wheelchair.	2.00kg	1.00kg		397gm
F33	- Class C3 " "	3.00kg	1.00kg	600gm	
F34	- Class C4 " "	3.00kg	1.00kg	600gm	
F35	- Class C5 - Ambulatory	3.00kg	1.00kg	600gm	
F36	- Class C6 " "	3.00kg	1.00kg	600gm	
F37	- Class C7 " "	3.00kg	1.00kg	600gm	
F38	- Class C8 " "	3.00kg	1.00kg	600gm	

Events for ambulatory athletes.

		SHOT	DISCUS	JAVELIN
F40	- Dwarf athletes.	2.72kg	0.75kg	600gm
F41	- Not used.			
F42	- Class A2 (A9), LAF5, F8.	4.00kg	1.00kg	600gm
F43	- Class A3 (A9), LAF5, F8.	4.00kg	1.00kg	600gm
F44	- Class A4 (A9), LAF5, F8.	4.00kg	1.00kg	600gm
F45	- Class A5/A7.			
F46	- Class A6, A8, LAF6.	4.00kg	1.00kg	600gm

Events for athletes in wheelchairs.

		SHOT	DISCUS	JAVELIN	CLUB
F51	- Class F1, LAF1, CP2.		1.00kg		397gm
F52	- Class F2, LAF1, CP2, CP3.	2.00kg	1.00kg	600gm	
F53	- Class F3, LAF2, CP3.	3.00kg	1.00kg	600gm	
F54	- Class F4, LAF3, CP3, CP4.	3.00kg	1.00kg	600gm	
F55	- Class F5, LAF3, CP4.	3.00kg	1.00kg	600gm	
F56	- Class F6, (A1), (A9), LAF3, CP4, CP5	3.00kg	1.00kg	600gm	
F57	- Class F7, (A1), (A9), LAF3.	3.00kg	1.00kg	600gm	
F58	- Class A2, A3, (A9), LAF3, F8, (LAF4)	4.00kg	1.00kg	600gm	